



MANA SOCIAL SERVICES TRUST

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TO WHOM IT MAY CONCERN

As the Director of the largest Maori social service provider in Rotorua, my staff and I have had the privilege of knowing Rehana Webster for the past two years.

Rehana was contracted by this Trust in 2003 to train staff in the use of E.F.T (Emotional Freedom Techniques) and a second two day refresher workshop was also completed on the 26 and 27 September 2005.

My staff consisting of counsellors, social workers and facilitators are now advanced practitioners of EFT which we have been using with clients for two years with outstanding results.

One of my social workers has also incorporated EFT into our Clean Anger Programme which is used predominantly with Maori students from twenty local schools. These students have been referred to our service due to their use of aggression and bullying with other students.

The students really appreciate the new technique of 'tapping' that they have been taught to manage their anger and their feedback is that they can do this anywhere and that it works for them.

As a lead Maori service provider we have found that our Maori clients readily accept EFT as a technique that they can use for their own benefit. Many of these clients have historical or long standing issues which conventional counselling methods may over time provide some relief for.

Without fail, EFT may only take one or two sessions to gain complete freedom for the client from chronic, recurring stress.

I have great pleasure in recommending Rehana Webster to any Maori group or organisation who have their client's total emotional and mental well-being at heart. Freedom from harmful, debilitating trauma and stress can be provided through EFT.

Maxine W Rennie

Maxine W Rennie
DIRECTOR

03 October 2005